



## Three Year Direct-Entry Program and Licensed Midwifery in Florida

The Direct-Entry Midwifery Program prepares students to become Florida Licensed Midwives (LM). Florida Licensed Midwives are independent maternity care providers for women with low-risk pregnancies. Graduates are also eligible to become Certified Professional Midwives (CPM) through the North American Registry of Midwives (NARM).

### **FSTM Educational Standards:**

- Florida leads the nation with rigorous academic and clinical requirements for midwifery licensure.
- FSTM educational standards are based upon national and international midwifery education standards, including American College of Nurse-Midwives & Midwives Alliance of North America and the World Health Organization (WHO), International Confederation of Midwifery (ICM).
- FSTM educational standards meet or exceed ACOG's Statement of Policy on Midwifery Educational Standards

### **Florida Licensed Midwives:**

- Work in licensed birth centers, maternity health clinics, hospitals and private home birth practices.
- Provide full-scope maternity care for low-risk women and collaborative care with obstetricians for women with risk factors.
- Maintain certification in both CPR and Neonatal Resuscitation.
- Use and maintain emergency equipment, supplies, and medicines
- Are eligible providers for 3rd party reimbursement (Florida Medicaid, private insurances)
- Carry malpractice insurance as required by F.S. 467 and F.S. 456.

# FSTM DIRECT-ENTRY MIDWIFERY PROGRAM CURRICULUM

## Year 1, Term 1

|       |                               |          |
|-------|-------------------------------|----------|
| 1101  | Anatomy & Physiology I        | 2        |
| 1101L | Anatomy & Physiology I Lab    | 1        |
| 1103  | Healthcare Skills I           | 1        |
| 1103L | Healthcare Skills I Lab       | 1        |
| 1108  | Cultural Humility             | 1        |
| 1109  | Research and Public Health    | 1        |
| 1110  | Midwifery History, Law & Rule | 1        |
|       | <i>Total Credits</i>          | <b>8</b> |

## Year 1, Term 2

|        |                               |           |
|--------|-------------------------------|-----------|
| 1201   | Anatomy & Physiology II       | 2         |
| 1201L  | Anatomy & Physiology II Lab   | 1         |
| 1203   | Healthcare Skills II          | 1         |
| 1203L  | Healthcare Skills II Lab      | 1         |
| 2201   | Microbiology for Midwives     | 1         |
| 2201L  | Microbiology for Midwives Lab | 1         |
| 2105   | Psychology for Midwives       | 1         |
| 1200CL | Clinical Lab                  | 2         |
|        | <i>Total Credits</i>          | <b>10</b> |

## Year 1, Term 3

|        |                                     |           |
|--------|-------------------------------------|-----------|
| 1301   | Reproductive A & P                  | 2         |
| 1301L  | Reproductive A & P Lab              | 1         |
| 1307   | Intro to Midwifery Practicum        | 1         |
| 2303   | Pharmacology                        | 1         |
| 1306   | Interpersonal Communication         | 1         |
| 2101   | Nutrition for the Childbearing Year | 1         |
| 1204   | Human Sexuality for Midwives        | 1         |
| 1300CL | Clinical Lab                        | 2         |
|        | <i>Total Credits</i>                | <b>10</b> |
|        | <b>Year 1 Total Credits</b>         | <b>28</b> |

## Year 2, Term 1

|        |                       |          |
|--------|-----------------------|----------|
| 1303   | Antepartum            | 2        |
| 1305   | Diagnostic Testing    | 1        |
| 2107   | Midwifery Practicum I | 1        |
| 3101   | Gynecology            | 1        |
| 2100CL | Clinical Lab          | 4        |
|        | <i>Total Credits</i>  | <b>9</b> |

## Year 2, Term 2

|        |                            |           |
|--------|----------------------------|-----------|
| 2103   | Intrapartum                | 2         |
| 2104   | Fetal Monitoring           | 1         |
| 2207   | Midwifery Practicum II     | 1         |
| 2106   | Professional Communication | 1         |
| 2205   | Herb Workshop              | 1         |
| 2200CL | Clinical Lab               | 4         |
|        | <i>Total Credits</i>       | <b>10</b> |

## Year 2, Term 3

|        |                             |           |
|--------|-----------------------------|-----------|
| 2203   | Postpartum                  | 2         |
| 2206   | Newborn                     | 1         |
| 2305   | Midwifery Practicum III     | 1         |
| 1205   | Breastfeeding               | 1         |
| 2204   | Suturing for Midwives       | 1         |
| 2300CL | Clinical Lab                | 4         |
|        | <i>Total Credits</i>        | <b>10</b> |
|        | <b>Year 2 Total Credits</b> | <b>29</b> |

## Year 3, Term 1

|        |                          |           |
|--------|--------------------------|-----------|
| 3106   | Obstetric Complications  | 1         |
| 3104   | Collaborative Management | 1         |
| 3105   | Midwifery Practicum IV   | 1         |
| 3100CL | Clinical Lab             | 8         |
|        | <i>Total Credits</i>     | <b>11</b> |

## Year 3, Term 2

|        |                                       |           |
|--------|---------------------------------------|-----------|
| 3204   | Issues in Professional Midwifery      | 1         |
| 3201   | Establishing & Maintaining a Practice | 2         |
| 3200CL | Clinical Lab                          | 9         |
|        | <i>Total Credits</i>                  | <b>12</b> |

## Year 3, Term 3

|        |                               |           |
|--------|-------------------------------|-----------|
| 3103   | NARM Review                   | 1         |
| 3202L  | Clinical Skills Practicum Lab | 1         |
| 3300CL | Clinical Lab                  | 9         |
|        | <i>Total Credits</i>          | <b>11</b> |
|        | <b>Year 3 Total Credits</b>   | <b>34</b> |

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## Clinical Requirements

|                               |                           |
|-------------------------------|---------------------------|
| <i>Prenatal Exams</i>         | <i>Postpartum Exams</i>   |
| Assist - 25                   | Assist - 10               |
| Primary - 55                  | Primary - 40              |
| <i>Initial Prenatal Exams</i> | <i>Newborn Exams</i>      |
| Assist - 3                    | Assist - 20               |
| Primary - 20                  | Primary - 30              |
| <i>Birth Observations</i>     | <i>Continuity of Care</i> |
| Silent Observe - 10           | Partial - 10              |
| Assist - 20                   | Full - 5                  |
| <i>Birth Managements</i>      | <i>Suturing</i>           |
| Primary - 50                  | 5                         |

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Total program credits: 91  
Tuition per semester: \$4352  
Total tuition: \$39,168

## Application Process

### Before You Apply:

- Have you completed/met the following prerequisites?
  - Age 18 years or older
  - High school diploma or equivalent (such as GED)
  - Taken and passed BOTH a college level math and a college-level English course OR completed BOTH the College Comp and either the College Algebra/Mathematics CLEP
    - CLEP is available online at a cost of \$85.00 per exam
    - A passing score of 50 or greater on both CLEP examination is required
  - Taken and passed a college-level medical terminology course
  - Completed an in person “Basic Life Support (BLS) for Healthcare Providers” course, approved by the American Heart Association or Red Cross

### Important Notes:

- FSTM offers an online application process for your convenience.
- Please complete and submit the online application form.
- You may provide proof of payment as a temporary placeholder for official transcript requests, BLS classes, CLEP Exams, and/or college level courses. Successful enrollment will be dependent on the receipt of the actual documents (official transcripts, certificates of completion, scores, etc.)
- Please note the application form CANNOT be saved and returned to later, so allow enough time to fill it out entirely, add the documentation and/or placeholders and submit. This will take approximately 45-60 minutes.

### Before You Begin:

Gather the following documents or relevant placeholders for submission with the application

- Official copy of high school transcripts ordered to be sent to FSTM by mail OR notarized copy of high school diploma submitted with application.
- Notarized documentation of any/all official name changes (if applicable) submitted
- Proof of certification in approved BLS for Healthcare Providers course or placeholder
- Current Resume/Curriculum Vitae (Please send in PDF format)
- Copy of any current professional licenses (If applicable)

### How To Apply:

To complete the application online:

- Go to [www.midwiferyschool.org](http://www.midwiferyschool.org)
- Hover your mouse over the Admissions tab and select “How To Apply”
- Click on the link “click here to begin the application”
  - Enter your personal, demographic/legal information
  - Write (or copy and paste from Word) your essay questions
  - Upload any required documentation or their placeholders
- Click submit & pay the \$100 application fee through the PayPal link on the application.

### After Your Application is Submitted:

- Order official transcripts from ALL postsecondary schools, colleges, universities and/or vocational programs to be sent to FSTM by mail (810 E. University Ave, Gainesville, FL 32601)
- Once your application is complete and all documents are received and uploaded, the Administrative Coordinator will contact you to schedule your in-person admissions interview.

For questions contact [info@midwiferyschool.org](mailto:info@midwiferyschool.org)



## 202-2023 Estimated Program Costs

| PRIOR TO APPLICATION   |                       |
|--|-----------------------|
| College Math   | Varies                |
| College English  | Varies                |
| College Medical Terminology Class  | Varies                |
| Or CLEP (testing out of Math & English)  | \$90/ exam            |
| AT THE TIME OF APPLICATION   |                       |
| Application Fee  | \$100                 |
| Student Enrollment Fee   | \$200                 |
| Advanced Standing Fee  | \$25/credit requested |
| Transcript Fees from Other Institutions  | Varies                |
| TUITION, FEES, AND COSTS*  |                       |
| Block Tuition  | \$4352/term           |
| TOTAL Block Tuition Cost for 3 Year Program  | \$39,168              |
| Tuition cost per credit hour   | \$375                 |
| Estimated Academic Costs (Not paid to FSTM)<br>Students are responsible for costs not paid directly to FSTM for the purchase of supplies, books, and required training. Textbook lists and any required supplies lists will be given at least two weeks prior to the start of a new semester. Individual costs vary depending on textbook source chosen.   | \$2768                |
| Estimated Clinical Costs (Not paid to FSTM):<br>Students are responsible for costs not paid directly to FSTM for the clinical readiness. This includes infectious disease titres, physical exam, and immunizations, if applicable. Costs will vary based upon insurance status. Estimates for local care provided.<br>• Physical: \$89.00; Hep B, MMR, Varicella titre - \$37.00; TB test-\$20.00; Hep B-\$225; MMR-\$206; Varicella -\$318 TDAP-\$65.00   | Varies                |
| Neonatal Resuscitation   | \$100                 |
| BLS for Healthcare Providers   | \$50                  |
| Medical Equipment  | \$150                 |
| **These fees, assessed at the time of registration, can be deducted from the financial aid balance. Fees are subject to change   |                       |
| OTHER COSTS  |                       |
| Laptop   | \$350                 |
| Lodging and Board (Not on FSTM Campus)   | \$4875                |
| <b>Non-Discrimination Policy:</b><br>The Florida School of Traditional Midwifery is committed to an environment that embraces diversity, respects the rights of all individuals, is open and accessible, and is free of harassment and discrimination based on, but not limited to, ethnicity, race, creed, color, religion, age, disability, sex (including pregnancy, gender identity and sexual orientation), marital status, national origin, genetic information, political opinions or affiliations, and veteran status in all its programs, activities and employment. Gainful Employment Disclosure: For important information about the educational debt, earnings and completion rates of students who attended the program, please go to the FSTM website. For direct inquiries regarding the Gainful Employment program, please contact FSTM at <a href="mailto:info@midwiferyschool.org">info@midwiferyschool.org</a> |                       |

### **Foundation for Florida Midwives**

[www.flmidwifeoundation.org](http://www.flmidwifeoundation.org)

FFM is a Florida non-profit corporation dedicated to the promotion and advancement of Florida licensed midwifery. Through advocacy and action, the Foundation seeks to ensure that Florida licensed midwifery remains an evidence-based option for Florida families.

### **Midwifery Education and Accreditation Council**

[www.meacschool.org](http://www.meacschool.org)

MEAC created standards and criteria for the education of midwives that reflect the nationally recognized core competencies and guiding principles of midwifery care set by the Midwives Alliance of North America.

### **Midwives Alliance of North America**

[www.mana.org](http://www.mana.org)

The mission of MANA is to provide a nurturing forum for support and cooperation among midwives.

### **North American Registry of Midwives**

[www.narm.org](http://www.narm.org)

The North American Registry of Midwives (NARM) is an international certification agency whose mission is to establish and administer certification for the credential “Certified Professional Midwife (CPM).”

### **National Association of Certified Professional Midwives**

[www.nacpm.org](http://www.nacpm.org)

The National Association of Certified Professional Midwives (NACPM) is the membership organization specifically representing Certified Professional Midwives (CPM) in the United States. NACPM directs its influence toward improving outcomes for childbearing people and their infants, developing and strengthening the profession and informing public policy with the values inherent in CPM care.

### **World Health Organization - Health Topics: Midwifery**

[www.who.int/topics/midwifery/en/](http://www.who.int/topics/midwifery/en/)

Midwifery encompasses care of women during pregnancy, labour, and the postpartum period, as well as care of the newborn. It includes measures aimed at preventing health problems in pregnancy, the detection of abnormal conditions, the procurement of medical assistance when necessary, and the execution of emergency measures in the absence of medical help.



FLORIDA SCHOOL OF  
TRADITIONAL MIDWIFERY

## FSTM Staff List

**Amanda Mann, RN, LM: Executive Director**

Amanda oversees daily operations of FSTM and staff. She is the liaison to the Board of Directors and spearheads fundraising, school events, and development. She ensures compliance with Federal, State, Local regulations and maintains the accreditation and licensure for both locations. Contact Amanda at: [amann@midwiferyschool.org](mailto:amann@midwiferyschool.org)

**Courtney Julien, LM, CPM: IDEA Coordinator**

The Inclusion, Diversity, Equity, and Access (IDEA) Coordinator ensures alignment between FSTM operations and mission/vision. She works directly with students, staff, faculty, and other stakeholders to help FSTM realize the Access and Equity initiatives within the organization. Contact Courtney at: [chilliard@midwiferyschool.org](mailto:chilliard@midwiferyschool.org)

**Melissa Pierre: Financial Aid Coordinator**

Melissa assists our students with determining their financial aid eligibility, including FAFSA, grant funding and financial aid office matters. Contact Melissa at [mpierre@midwiferyschool.org](mailto:mpierre@midwiferyschool.org)

**Tim Bryant: Business Coordinator**

Tim coordinates financial operations at the school. He makes payment plans, collects tuition, and assists students with funding questions. Contact Kyle at: [tbryant@midwiferyschool.org](mailto:tbryant@midwiferyschool.org)

**Sorell Pagliara, LM: Clinical Director**

Sorell coordinates the student experience on campus. She coordinates instructors, clinical preceptors, and counsels students regarding their time on and off campus. Sorell assists applicants with questions regarding admissions to FSTM, oversees student applications and assists with daily operational functions at FSTM. Contact Sorell at: [spagliara@midwiferyschool.org](mailto:spagliara@midwiferyschool.org)

**Kerri Audette, LM: Program Director**

Kerri supervises the coordination of the academic and clinical programs. Kerri is responsible for academic and clinical student counseling, overseeing clinical placement and academic operations of the school, including curriculum development, course planning and admissions. Contact Kerri at: [kaudette@midwiferyschool.org](mailto:kaudette@midwiferyschool.org)

**Elena Rosa, LM and Abi Fletcher, LM: Program Assistants**

The Program Assistant team supports the work of the Clinical and Program Directors. They work directly with staff, faculty, and students to ensure support for the academic and clinical components of the program, plan for educational needs and support student learning.